

"If I can still develop an attractive physique on demand at my age, with a lower testosterone level... I'm sure Marquez is limited only by his weight, desire and the requirement of his training regimine. The natural occuring hormone testosterone is a powerful, so powerful it can nearly change a woman into a man. What Marquez has done in the fitness department is not surprising or new.. all it takes is hard work." ---Brown Sugar is not in the "Marquez is dirty" camp