

## Heart Problem

Written by The Sweet Science  
Tuesday, 31 December 2013 10:08

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"I love Sergio "Duct Tape" Martinez. That said, some guys don't age well in the fight game and that someone is Sergio. Healthy, I love him against a slew of opponents. But therein lies the rub. Yes, he came to the sport late which is too bad for both him and us, but his oversized heart is going to end up keeping him around to get those attractive pay days and he'll be going life and death with guys that wouldn't have been much of a problem just several years ago. Too bad too, because the Marvelous One is all class." --Dino Davinci votes against Sergio prolonging his career

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### **amayseng says:**

Sergio is what a pro athlete should be. Professional in and out of the ring. Conducts himself with honor, dignity and humility. He reaches out and gives back to those in need, in more ways than one.

To continue to fight at a late age a fighter needs to adjust his style, slow down his pace, take less shots and make his shots count not only to score cleanly but to make his opponent apprehensive to steam roll in.

Hopkins footwork and ring iq should be the lesson book all aging fighters need to learn.

I hope to see Sergio for another few years, maybe if he adjusts his style a bit, stays healthy and fights

about every six months, no more, he can continue to provide us with great entertainment.

### **dino da vinci says:**

Hey, I know this guy of which you speak. Let's be clear. We've already seen the best of Sergio

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Martinez. It's hard to gain momentum when you are forever training around injuries. There have really only been two that were well-documented; Archie Moore and Bernard Hopkins. Again, documented. Yes, there were others, but so few. I don't count George Foreman because he may not be human. And while George may have looked like a 'human' wrecking ball, his fundamentals were far from great, and had he campaigned in any division other than heavyweight, would have not had the great success he enjoyed in his second career.

Sergio, is a highly intelligent young man, who I believe will know when to say when. But it does bother me a bit that he's very capable of going into a fight with multiple injuries that could make for a disturbing end.

And you should have titled this: Certainly No Heart Problem, because that's the only injury he's incapable of suffering.

Anderson Silva. If he was 18, certainly. If he was 28, most likely. Poor fella is 38. What's wrong with people?

### **Radam G says:**

@Dino, first, fighting cats are getting unnecessary injuries because of bad diets and lack of sunshine, not age. Skills pay da bills! And it is all about stage, not age.

These hate bone-and-broken muthasuckas ain't downing red, orange and purple beets, or blood oranges. They are not eating organic green, red and purple veggies. They aren't gulping alkaline and coconut water. Da jive suckas are getting enough vitamin 3 from running in the early sun, because the lazy-against-the-air clowns are down with New Jack treadmill-chump running in air condition places. Dudes don't eat red, black and green beans. The Bs are off the boiled, raw and fried with olive oil and/or coconut oil eggs. Da weak-bone sissies are off Maca and dark chocolate. They don't eat whole-grain rice and balut, or drink organic chicken and shark blood. Da kitty cats don't bath with tar pine and tea tree soap.

Bottom line, the hurt-bones wuzzies have a diet and hygiene problema, not an age one. Holla!

### **amayseng says:**

DDV are you able to disclose some of the other injuries or issues SM has been enduring?

as a physical therapist it strikes me to know what he is truly dealing with.

and RG is correct, nutrition heals and nourishes the body. lacking it allows it to break down.

Anderson Silva snapped that bone terribly, doubt to ever see him kick or check kicks with that leg ever again

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Happy New Year, Amazing 1.

No, the little that I know was told to me in confidence. He has real good people around him, so he's definitely not in the dark. And while I hold certain beliefs, such as you can drink all the beat juice you want, some guys are impossible to keep healthy. Others are virtually bullet-proof. Go figure.

### **the Roast says:**

I read Cotto turned down a mega bucks fight with Canelo to fight Martinez at MSG instead. Canelo is young so he will be there for Cotto later win or lose. I wonder how effective Cotto can be at 160. Sergio isn't the biggest middleweight so it may not matter for one fight. Sergio vs Cotto looks like a great fight between aging vets to me. I'd love to see it. Sergio may box his way to a UD or Cotto might catch him with his hands down and lights out.

### **brownsugar says:**

Sergio deserves a mega payday against Cotto.... And if he doesn't move the wrong way during the fight and rip something out of place....he will probably win. If he feels obligated to fight GGG (WHICH HE SHOULD) then he gets honorably retired while simultaneously passing the torch to man who will eventually clean out the rest of the cowards at 160lbs and challenge Ward in a mega fight viewed across the globe.....thereby allowing Martinez to become permanently attached to boxings' neverending middleweight legacy.

### **Carmine Cas says:**

Sergio needs some astaxanthin and rest. I love/hate the Cotto fight, two of my favorite fighters fighting it's a win lose but I will be at that fight.