

## Tomasz Adamek Workout Quotes

Written by The Sweet Science  
Saturday, 15 December 2012 16:26

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### MEDIA WORKOUT WITH TOMASZ "GORAL" ADAMEK

#### PHOTOS AND INTERVIEW QUOTES



Tomasz Adamek

Photo credits to Mike Gladysz

**Tomasz Adamek:** "I am a different fighter than I was in 2008. I've changed everything. Everyone can see. I don't stand straight in front of my opponent anymore and I move my head. I am stronger."

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Adamek sparring with trainer in boxing ring

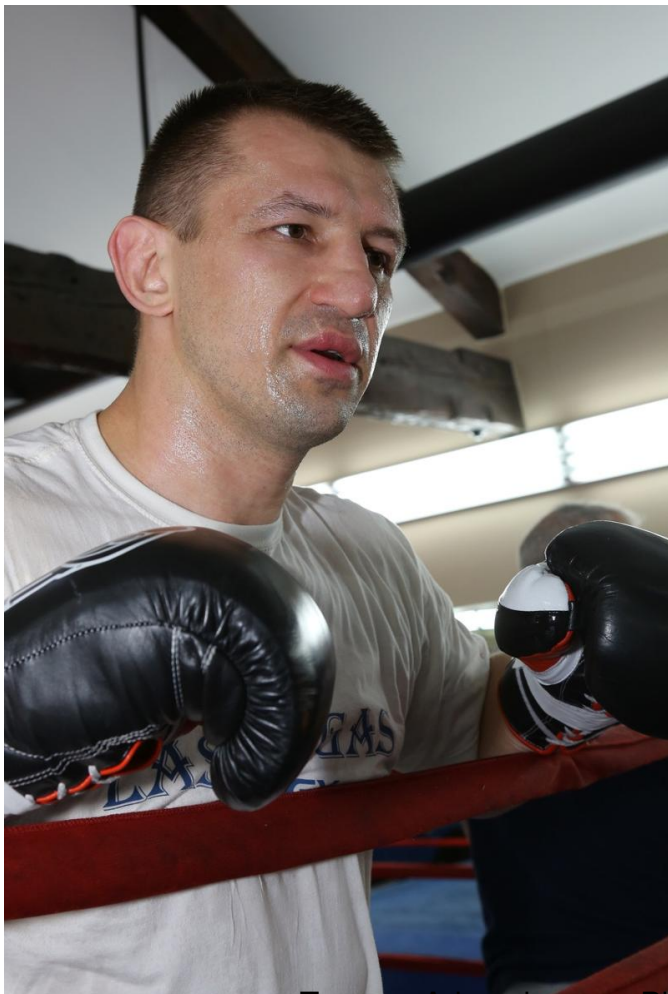


Trainer adjusting Tomasz Adamek's boxing glove

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