

Introducing Heavyweight John Lennox

Written by The Sweet Science
Wednesday, 31 August 2011 13:01

CARTERET, NEW JERSEY (August 31, 2011)—Today's Heavyweight division is always looking for a new star. Many have come from different countries; they come in all sizes and have vastly different personalities.

Enter John Lennox.

The Carteret, New Jersey native has all the potential to be one of the best Heavyweight prospects In the United States.

It all started over a decade ago when Lennox started boxing but not for competition but to stay in shape for other sports.

Lennox played Football, Baseball and Basketball in High School for which he played football and became an All-American Linebacker at Montclair St.

Lennox then played Professional for Lexington in the Arena League.

“I boxed to stay in shape for football”, said Lennox.

“After football, I had a brief amateur career and I was ready for the professional ranks.”

“My trainer Charles Thomas thought it was time and we went pro”

Lennox turned pro on November 19th, 2008 with a third round stoppage over Ricardo Cuffee at The Robert Treat Hotel in Newark, New Jersey.

Introducing Heavyweight John Lennox

Written by The Sweet Science
Wednesday, 31 August 2011 13:01

Lennox then racked up two more wins to run his ledger to 3-0.

Then Lennox took a twenty-five month layoff that was not to his own doing.

“I had trouble getting fights and almost was ready to quit.”

Lennox then hooked up with manager Rich Masini.

“I see a lot of potential in John. He is a natural athlete and he has the heart of a lion”, said Masini.

Lennox came back from his break with a disqualification victory over Kareem Wilson on June 22nd, 2011 at The Robert Treat.

Lennox then fought two more times in just over a month as he stopped Donnie Crawford on July 9th at part of the Paul Williams – Erislandy Lara HBO undercard in Atlantic City and in Lennox’ last bout, Lennox stopped Jason Pauley in round two of their fight on July 29th in Philadelphia.

Lennox has started a unique training regimen called Hypoxic Training.

It is a method that replicates training at the highest of altitudes.

“The company is called Advanced Altitude 365 and I can feel after every session the difference that it has started to make. I already feel stronger and my body is in much better shape since I

Introducing Heavyweight John Lennox

Written by The Sweet Science
Wednesday, 31 August 2011 13:01

started this”, said Lennox.

Advance Altitude was founded and owned by Don Carmody.

“John is looking better with every fight and with his team and the way he trains, I feel he can be the best heavyweight to come out of New Jersey”, said Masini.

Lennox will put his perfect record on the line when he returns to the Robert Treat Hotel in Newark on Wednesday night September 14th.

Tickets priced \$100 (Limited VIP), \$50, & \$30 (Very Limited) and are on sale now and can be purchased by calling [973-350-9993](tel:973-350-9993) or 1-866-263-STAR

The Grand Ballroom at the Robert Treat Hotel is located at 50 Park Place, Newark NJ. Doors open at 6:30 PM, first bout 7:30 sharp.