

Carl Froch: At 35, I Feel I'm At My Peak

Written by The Sweet Science
Friday, 12 October 2012 12:41



One figures Froch (left) will find Mack easier to find than Andre Ward (right). (Hogan)

HOBOKEN, N.J. (October 12, 2012) -- Carl Froch has warned Yusaf Mack that he will be in for a rough night in Nottingham, England when he challenges "The Cobra" for his International Boxing Federation (IBF) super middleweight title in Betfair's 'True Brit' on November 17.

Carl Froch: At 35, I Feel I'm At My Peak

Written by The Sweet Science
Friday, 12 October 2012 12:41

"True Brit," presented by Matchroom Boxing, will be distributed in the United States by Integrated Sports Media for live viewing at 3:00 PM/ET - 12:00 PM/PT on both **cable and satellite pay-per-view**

via iN Demand, DIRECTV, DISH Network and Avail-TVN for a suggested retail price of only \$29.95.

"True Brit" will also be available to view via Fight Now TV, America's only 24-hour combat sports and entertainment channel, on Cablevision channel 464 as part of the iO Gold package.

Froch welcomed the American light heavyweight champion into his fortress at the Capital FM Arena as Britain's No. 1 fighter boxes in his ninth consecutive World title fight.

"The Cobra" met Mack for the first time in a press conference at the Arena where five months ago he ripped the IBF title from unbeaten Lucian Bute with a stunning fifth round stoppage. Froch has vowed to put thoughts of a rematch with the Canadian and a future bout with old foe Mikkel Kessler to one side as he prepares for his 15th contest in the Arena against the Philadelphian.

"After beating Lucian I feel like I'm back on top of the World," said Froch at the final press conference, [which can be seen here](#) {youtube}9H_F7MuxuSw{/youtube}.

"I'm in great shape. I'm running faster than ever. I am breaking records in training and I'm surprising myself, so at 35 I feel like I'm at my peak and that there's plenty more to come.

"People have been asking me when I plan to hang the gloves up - a year, 18 months - I'm not going to out a time frame on it, as long as I have the desire to keep getting up and doing the hard training which I have, then I'm still going to be going.

"He's coming over to the lion's den and there's only going to be one winner - I'll do whatever I

Carl Froch: At 35, I Feel I'm At My Peak

Written by The Sweet Science
Friday, 12 October 2012 12:41

can to put Yusaf Mack on his back."

Mack fights for a World title for the second time in his career having challenged Tavoris Cloud for the light heavyweight crown last June and promises to give everything on November 17.

"I'm here to give a champion the fight of his life," said Mack. "Come fight night, its going down. I'm back at my preferred weight and I'm not coming to England to lay down."

Go online to www.integrationsportsmedia.com, www.fightnow.com for more information about the "True Grit" PPV. Follow Integrated Sports on Twitter @integratedppv and Fight Now TV @fightnowtv.