

## Vincent Arroyo Q 'n' A--Watch Him On Friday ShoBox

Written by The Sweet Science  
Thursday, 08 September 2011 20:08

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***Vincent “Vinsanity” Arroyo vs. Hector “El Flaco” Sanchez in Main Event***

***Lateef “Power” Kayode Vs. Felix “Bad News” Cora Jr. in Co-Feature***

***Friday, Sept. 9, LIVE on SHOWTIME® at 11 p.m. ET/PT (delayed on the West Coast)***

**NEW YORK** (Sept. 8, 2011) – Give **Vincent “Vinsanity” Arroyo** (11-1, 7 KOs) a brutally cold Buffalo winter day to train and he’s as happy as can be. The 24-year-old explained why and answered other questions just days before his 10-round welterweight fight against

**Hector “El Flaco” Sanchez**

(19-1, 9 KOs) on

***ShoBox: The New Generation***

**Friday, Sept. 9**

LIVE on

**SHOWTIME**

®

(11 p.m. ET/PT, delayed on the West Coast).

**Question:** *What’s the coldest weather you’ve ever run outdoors in during a Buffalo winter?*

**Arroyo:** “Oh, man, you don’t even want to know. To be honest with you, I love running in the winter. There’s definitely snow on the ground. I love it when the winds blowing and it’s bone-chilling cold and snowing. [I do it] just to test myself, to battle all forms of adversity.”

**Question:** *What do you think about Hector Sanchez?*

**Arroyo:** “I don’t think much of him, just like I didn’t think much about Willie Nelson in my last SHOWTIME fight. I don’t care about any fighter. I just care about myself and knowing that I’m going to war against another guy. I don’t care about talking junk. I don’t care about nothing but winning. It’s what drives me and keeps me going in this game.”

**Question:** *Growing up in New York, was it always your dream to fight at Madison Square Garden?*

**Arroyo:** “Yes, of course. I’ve always had that dream. I would like to fight there and go down in history with some of the great fighters like Muhammad Ali, Joe Frazier and Felix Trinidad. But I’m in no rush. I still have a lot of learning to do. But it’s always fun to dream.”

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**Question:** *What fighters did you look up to as a kid and whose style do you try to emulate?*

**Arroyo:** "I emulate myself. I never take anything from anyone. I fight like me and only me. I grew up watching Trinidad, (Hector) Camacho, (Julio Cesar) Chavez, Mike Tyson. One of my all-time favorites was Roy Jones Jr. People think I have the same style and that I'm a forward fighter. I just want to put my name up there with the greats."

**Question:** *Was your father a big influence in your decision to become a professional fighter?*

**Arroyo:** "My father was a Golden Gloves champion and he watches my fights and congratulates me but he's been out of the game for a while. My trainers Hector Alejandro and Rick Diaz have been there for me the entire time and I would say they are my biggest influences."

**Question:** *What can we expect to see from "Vinsanity" Friday night?*

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**Arroyo:** "It's going to be sensational. Take this down: It's always different when you see Vincent Arroyo. You never know what you're going to see or what's going to happen. I don't know if it will be a knockout or if we'll go to the cards, but I will be the last man standing. It will definitely not be boring."

Promoted by **Gary Shaw Productions**, the *ShoBox* telecast will originate from the **Grand Casino Hinckley**  
in  
**Hinckley, Minn.**

**Bernard Osuna** will call the *ShoBox* action from ringside with **Steve Farhood** and **Antonio Tarver**  
serving as the expert analyst.  
**Gordon Hall**  
is the executive producer of  
*ShoBox*  
with  
**Richard Gaughan**  
producing and  
**Rick Phillips**  
directing.