

## Rest in Peace, Omar Henry

Written by Michael Woods  
Friday, 01 February 2013 14:47

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It stung the boxing community when old sage Angelo Dundee died. But we knew he had lived as full a life as could be lived, and left behind no regrets. It hurt in a different way when Emanuel Steward left us, because who really knew that he was in his late 60s, and he was so full of life and that trademark good humor right before he deteriorated. The pain the boxing world feels is

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today of a different variety, because today Omar Henry, just 25 years old, left us.

The Chicago-born boxer's record forever stays undefeated, at 12-0, with 10 knockouts. But he couldn't fight off cancer, which invaded his body hard and fast, and removed him from his family and friends on February 1st, two months after he was diagnosed.

A four-time Texas Golden Gloves champ, he turned pro in 2008, and Henry hooked on with Top Rank, and then with Don King. Of Puerto Rican descent, Henry tried to fight like Miguel Cotto and in fact got work as a sparring partner with Manny Pacquiao, Floyd Mayweather and Antonio Margarito. Fighting out of Oakland, CA, his future was promising, and he looked forward to meeting 20-0 Juan Cabrera on Nov. 16...until he received shocking news--that he had cancer of the pancreas. He was informed mid November.

Right away, he shared his news and his fears and his strength with his followers and fans. "I thank God for everything he has blessed me with so far in my life, it's been a fun ride," he Tweeted on Nov. 14. "I wish for many more if it's my destiny."

He had surgeries to get at the mass, and then started chemotherapy on Dec. 28, but the cancer was too aggressive.

How is this for poignant? On January 9, Henry Tweeted: "I got exactly less than 1 month left until my 26th birthday February 8. Hopefully I live to see it."

[Here's some video of Henry in action](#) . That man could rip a hook to the body, for sure.

{youtube}51f6mOckTnk{/youtube}

I'm guessing many fight fans will be hugging their kids a little harder, giving their moms and dads a call on the phone, and appreciating what they have today.

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Rest in peace, Omar, and TSS sends condolences to all of his family and friends during this trying time.

### [Comment on this article](#)

#### **deepwater says:**

RIP. f cancer. and f chemo for that matter also. each person must make a decision for treatment. chemo causes more cancer alot of the times. life is very precious. always choose life in evry decision. on the bright side science proves life after death

#### **amayseng says:**

Pancreatic cancer is the worst most untreatable cancer out there

Only symptoms occur for diagnosis once it's too late.

25. Wow.

Speechless for this young mans family.  
Rip Omar.

#### **ali says:**

All bad, man that cancer works fast RIP Omar

#### **DaveB says:**

That's a damn shame.

#### **brownsugar says:**

Tragic is the only word to describe the loss of Omar Henry...RIP.

NEVER even heard of pancreatic cancer.... thanks for the education Amayseng.

In the 1940's the FDA actually ran some herbal healers out of business... simple country folk who were curing cancer patients with plant medicine.. there are some awesome story's about it on YouTube. I've seen many people die from the disease. Some of them live longer (depending on the type of cancer) by keeping their money and refusing the endless operations and chemo by spending it for a vacation and having a good time with the limited days they have left...although that's strickly a personal choice.

Children's hospital, one of the top hospitals in the world ( also located in Ohio) is doing some amazing things with cancer treatment...but it's still a mixed bag and a very misunderstood

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disease.

### **kidcanvas says:**

dosent matter how good of shape you are in ... everyone is at risk RIP Omar... love to the family

### **Radam G says:**

Ditto B-Sug! In the U.S.A, medicine is the bully KING and it doesn't work half the time! Matter of fact, it causes major HARM more time than less! You are 100-percent super correct about many people kicking da BIG C -- especially pancreatic -- with herbs, plants and flowers.

I have relatives -- Chinese, Aeta and Malayans -- practicing in the homeopathic field in the U.S.A, Mexico, Jamaica and Cuba. And it is no secret that they cured Louis Farrakhan, Fidel Castro and ton of other Americans and leaders of pancreatic cancer that I'm not at liberty to name yet. They also cured a ton of movie stars and athletes too. [And for the record -- FINALLY -- Yank doctors are integrating the ancient homeopathic ways into this so-called modern medicine, which is actually modern quackery in a lot of cases. More people died in the U.S.A. by doctors, than by guns and auto wrecks combined.]

Those cancer cures of Farrakhan, Castro and the others came from the old school homeopathic Mother Earth curing ways of herbs, flowers and other types of plants from the land and sea. Holla!

### **brownsugar says:**

[QUOTE=Radam G;25290]Ditto B-Sug! In the U.S.A, medicine is the bully KING and it doesn't work half the time! Matter of fact, it causes major HARM more time than less! You are 100-percent super correct about many people kicking da BIG C -- especially pancreatic -- with herbs, plants and flowers.

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I hear that stuff can cure AIDS too.

### **DaveB says:**

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Both of you guys are spot on. Medicine is really a toxin. The good herbs give your body what it needs to heal itself. Medicines cannot cure you. They only deal with symptoms and have a ton of side effects. The FDA, the American Heart Assoc, American Cancer Society, the gov't, etc. do all that is within their powers to suppress this information and put holistic methods or cures out of business by making them illegal. They do this because there is so much money in pharmaceuticals. The drug lobbies are very powerful. If people were less sick or healed at a higher rate there goes the money. There is so much documentation on this it would make your head spin. For fun one day google Gerson therapy and you will see what I mean.

### **Radam G says:**

@Dave, you are spot on about those pharmaceutical bullies. They are evil cigarettes peddlers in a different form.

@B-Sug, HIV is what even the bad medicine clowns agreed upon is being and have been cured by homeopathic ways of herbs, flowers and various plants. However, thus far, when and if someone let HIV turns into full-blown AIDS, the grim reaper's sorry @ss will be visiting him/her in a minute. Holla!

### **amayseng says:**

Brownsugar, Radam, I agree completely.

However there are times when chemo works.

In the case of my nephew who just turned 18 and has been

battling leukemia for 30 months. His cancer levels are now .0%

with continued chemo and a structured plan for yet another 12 months.

Hard to watch a child deal with C, that's for sure.

But I totally agree with herbal treatments and medicines.

But that pancreatic C is a different monster due to the late

signs and symptoms , it has already terminally spread.

Also cancer is not natural i feel it may be environmental

and also through poor water.

Among other resources.

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### **brownsugar says:**

strangly enough Dave I've been reading where the aluminum in toothpaste and the mercury in flu shots can lead to alzhiemers (along with processed foods etc...) Don't want to sound like an alarmist but even fruit juice and sliced wheat bread can lead to heart failure... the lack of the knowlege of proper nutrition, and the easy access to processed foods has caused the so-called most advanced culture on the planet to also be the most obese... and yes I've read up on the Gerson therapy... amazing.

### **Radam G says:**

You're 100 percent right too, Amayseng. I definitely agree. Chemo do work often with those harsh results you posted about. But Medical-trained doctors -- without knowledge or respect for other things that work -- will always go for the bias toxins usages of modern medicines. And pharmenticals' corruption, greed and payoffs to doctors and donations to college medical schools are rife. And catching something late will 99 percent of the time be terminal. This is why people must have regular checkups, regardless of age.

[A 17-year-old kid born in my province in the Philippines, but reared in the U.S.A. from five-years old, died recently of pancreatic cancer. But he was cleared once of it at 12 years old, then it came back at 15. Getting to my point, it very well may be environmental, because no one in that province -- sinfully RICH -- has ever got or died of cancer. And those who got cancer -- from their extended stays on the mainland of the U.S.A. -- came home when it was caught in time and went for the old ways of treatment and survived. BTW rich Americans and Europeans come to the Philippines and India to get treated for all type of cancers. And there is a super high success rate of beating every type of cancer.]

From many reliable reads, Omar had been having pain, dizziness and unexplained vomiting off and on for at least year before he decided to get check. Holla!

### **Radam G says:**

That aluminum in deodorant is even more dangerous. Not to put a scare on anybody. And, YUP! Trashcan that processed food. Holla!

### **the Roast says:**

Rest in Peace Omar, that is truely tragic to go out at 25.

### **deepwater says:**

You guys are right on the spot. Aluminum in deodorant heavy metal poison. Fluoride is toxin, is main ingredient in Prozac . Chemo kills cells, indiscriminately . Good and bad cells. Surviving chemo is harder then surviving cancer. God bless your nephew, he is strong and wants to live. The world is upside down. Sugar is good for you as well as fat and salt. Your brain even has a spot called the sodium potassium pump. You need the salt for nutrients and enzymes and

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minerals to get through the brain blood barrier. Cholesterol is good also, you guys need it to produce testosterone. It sucks to watch a young person go away like that.

### **amayseng says:**

I love this site.

Great conversation all around.

### **dino da vinci says:**

[QUOTE=Radam G;25298]You're 100 percent right too, Amayseng. I definitely agree. Chemo do work often with those harsh results you posted about. But Medical-trained doctors -- without knowledge or respect for other things that work -- will always go for the bias toxins usages of modern medicines. And pharmaceuticals' corruption, greed and payoffs to doctors and donations to college medical schools are rife. And catching something late will 99 percent of the time be terminal. This is why people must have regular checkups, regardless of age.

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India to get treated for all type of cancers. And there is a super high success rate of beating every type of cancer.]

From many reliable reads, Omar had been having pain, dizziness and unexplained vomiting off and on for at least year before he decided to get check. Holla![/QUOTE]

And this type of post is what made Radam G the Rock Star he was to become. Old School Radam before all the spaces and the extra double fudge. Sort of like David Bowie in Ziggy Stardust mode. I miss both those guys. Holla!

### **dino da vinci says:**

[QUOTE=amayseng;25303]I love this site.

Great conversation all around.[/QUOTE]

And this site loves you amayseng.

### **dino da vinci says:**

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My prayers go out to the Henry family. Hopefully the pain that Omar's family is experiencing be somehow lessened by knowing that he was perfect in his pursuit to be a champion in the ring. Something tells me he was already a champion outside of it. RIP Mr. Henry.

### **amayseng says:**

[QUOTE=dino da vinci;25309]And this site loves you amayseng.[/QUOTE]

I appreciate it DDV.

I not only enjoy the boxing discussion on this site but also all the education that is passed around.

Everyone here has something to offer.

Real talk.

### **Radam G says:**

Wow! Omar was buried today in Chicago, and his "family is in desperate need of donations to pay for funeral expensives and burial," according to news reports. Danggit! Need never takes a timeout, even at death. And never does greed. I would think that the boxing powers that be would pick up the expensives.

Their non-caring, greedy arses can write them off. Holla!

### **amayseng says:**

radam, do you know of a site where we can leave donations?

### **Radam G says:**

I will let Editor Mike tell you that, Amayseng. As a reader, there are certain info involving finance and knowing who people are that I will not post. Holla!