

Arreola Blasts Out Mitchell In Round One

Written by Michael Woods

Saturday, 07 September 2013 22:49



It was no secret that Seth Mitchell has chin issues. But Chris Arreola exposed that in rude fashion, for those who didn't believe, who thought maybe he could shore up his defensive holes. Arreola, who pre-fight said that Mitchell was a step down for him, sent Mitchell to the mat, and then finished him off in round one in the main event at the Fantasy Springs Casino in Indio, CA on Saturday night.

There will be no shortage of those on the sidelines who think that Mitchell, bless him for his heart, just doesn't have the chin to deal with this sport, and that he might be better suited to move on. It's for him to say, but I'm one who thinks, for his own good, that should be considered.

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The Californian Arreola (34-3 with 1 ND, 30 KOs entering; age 32) was 242 pounds, while the ex Michigan State footballer Mitchell (26-1-1 entering; age 31; from Maryland) was also 242 pounds.

Arreola after to Jim Gray thanked God, and then himself, for putting the work in. He said he's a dummy who shoots himself in the leg often, but this time, he trained hard. Mitchell's power surprised him, he said. Arreola said he wanted a rematch with Bermane Stiverne, for the title that Vitali Klitschko should vacate, if he doesn't want to fight on. Stiverne, on Twitter, said he'd beat Arreola again, in a rematch.

Mitchell thanked God, and then said he got caught. The loser said his heart hurts, and said he will "go back to the drawing board." He said he was bummed at the stoppage but would have to look at the tape. He didn't blame the ref, who he said was doing his job.

Arreola was coming off a loss, to Stiverne, who broke his nose, to the point he needed surgery.

In the first, Mitchell went down, after being hurt. Not a knockdown, though, as he was holding on and Arreola threw him down. He went down, for real, off clubbing rights, and was up, with 53 seconds left. Arreola hopped on him, and the ref saw enough, and stepped in, deeming the ex footballer unable to defend himself adequately. Good call, Mitchell was sliding to his right, head dropped, in a world of hurt. The time of the ending was 2:26.

Promoter Oscar De La Hoya said on Twitter after he'd like to match Deontay Wilder against Arreola. Wilder's manager Jay Deas told me that he's into that match being made.

Check back for Davis Avila's ringside report. Follow Woods on [Twitter](#).

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amayseng says:

no surprise here after mitchells poor showing against banks...

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a motivated chris is a tough out for anyone

Radam G says:

Ditto, A-Seng! Seth Mitchell just ain't got it for squared jungling with live fighting dawgs. Not even barking one. Footballing is a long way from boxing. Where is SCLA Ali? Holla!

the Roast says:

Good question RG. Where is Ali? And Deepwater?

teaser says:

I agree with amayseng and radman...no surprise cause Areolla is real when in shape and time for seth to hand up the gloves ...he's gone as far as he can on this journey ...now wobble back to the gridiron

mortcola says:

My prediction, for what its worth, is that Mitchell would be outboxed for minute and then leveled by straight power shots. He is green, green, green, and does not have a heavyweight chin. Arreola has lost some fights, but he knows how to fight. Seth doesn't. He is an athlete with power and amateur skills, that his handlers prayed would make some money without being destroyed too badly, and maybe he matures in time to be a dominant and savvy heavy. But there ain't time for that. Anyone who can neutralize his power through adequate boxing, and land solidly, beats him just like last night. He won't get much better.

SouthPawFlo says:

Seth Mitchell is a good guy, but in Boxing it's all about how you respond when you get hit and everytime he gets caught clean he panics, holds, stumbles, falls & just looks "amateurish." If he can't tie guys and get his head straight quickly he might as well retire because everybody is gonna be trying to land right hand bombs on him hoping to take him out early....

Radam G says:

Don't jump the gun, guys. YUP! Seth Mitch has a China chin. But so did the late, very good Floyd Patterson. SM will be fine against stiffs and tomato cans. No way that he should quit boxing. Where else is he gonna get the paid that he is getting. Make that moolah while you can and buy gold and travel to China. Matter of fact, SM should next fight in China or even Doha, Qatar. Holla!

The Shadow says:

LOL whoever comes up with some roids to make your chin stronger will be a very wealthy man!

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Speaking of roids, RG, have you ever dabbled in dat s***? I once considered it as a vain 5-10 1/2 20-year-old 155 pounds ectomorph trying to bulk up for soccer season. But now, when boxing, my body is awesome! Hahahaha NRN - no roids needed!

A good fight for Seth -- after a confidence builder or two -- would be Dereck Chisora or The Cuban Shadow Odlanier Solis. Maybe even Adamek! If he beats any of these and somehow gets a shot at K2, he can get a nice check and have a job as a gatekeeper.

Radam G says:

No way, The Shadow! No "Fallen" Angel Heredia's roids or PEDs needed for me. Pinoy foods, drinks and waters have natural required roids and PEDs in them. And they will hook you up from head to toe. I just holla at a Leyteno mango, a couple of Mindanao bananas, some Pinoy ant beans, some Down-Under guavas and Lapu-Lapu milkfish blood all blended in coconut juice and black cherry juice.

WTF! Talking about a roids-and-PEDs kick. I'm straight for the next week through Sin City's Money May's beatdown of Canelo. I woulda put some Peru and Korean maca in my halo-halo -- mix-mix -- energy-booster drink, but that would turn me into horny he-ho. I'll be in Vegas in plain sight hollering at all the working ladies. And my wifey and women of the whole G Tribe would put me on lock down and timeout.

Danggit! Boys just wanna have fun. Hehehe! Holla!

The Shadow says:

Well, The Shadow has three working ladies working the Sin City track. I'll hook you up!

DAMN!! Sounds like some nice natural roids! Is that stuff available in Florida?? I'll already see 100 but I'd like to see 120!

mortcola says:

Seth Mitchell will not become a champion, or will not remain one for more than one fight. In all likelihood he will never win a title eliminator. If you can counter with straight hard punches and hit reasonably hard, you will probably knock him out. Look, I wish him well, I like his personality and spirit. But I believe championships and true admiration should be saved for those who master their craft and master their own personal bag of tools. Professionals, not one-trick ponies who some money-monger crosses his fingers and hopes he can ride to a payday. Mitchell, with his power and spirit, is that pony (OK, that's two tricks). But he is not a professional, does not seem to really understand the art better than a number of guys at my gym, whereas Arreola, whose limits have been exposed, is a guy who has lived and fought like hell in the gym since he was a kid. Parrying a jab and hitting you twice for the one you throw is something he does in his sleep, especially when what you hit him with is nice and painful. Mitchell has regular-guy guts, to get in the ring, to man-up, but not the kind of courage that makes an Arreola, or a Gatti or Ward, or any durable champ or long-time top-tenner, take it and

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take it and fight harder and remember what to do when you get buzzed or a piece of your head cracks or your nose and throat and stomach fill up with blood. He will not learn the latter. Most good athletes won't which is why most good athletes who try boxing quit it before they get too far. Mitchell will never have Patterson's boxing ability, or ring savvy, so he will never have what it takes to compensate for the chin problem. Mitchell will be smart to make a few more bucks and get out, and get a good professional degree and make regular guy success before the boxing machine turns him into a brain-damaged indictment of the sport, throwing unprepared strong-men in with professional warriors on a dare and a prayer. Once upon a time in college, thirty years ago, my trainer, Tony Marchese, told my father, if he (me) wasn't such a nice schoolboy, we could make him a money-making middleweight contender.....but that my enjoyment of knocking guys out in sparring and three rounders, my speed and natural power and white-bright-polite-might would get people to watch, but that when things got desperate and dangerous, my instinct to protect myself would make me lose against hungry guys with less talent but nothing else to live for. I took his advice, and at 49, I handle myself nicely, with quick hands, power, an instinct to counter ("rhythm and technique" when exchanging, I was told) and very hard chin to touch, sparring against golden gloves and pros with four or five fights. And I now know that Tony was right. This, and maybe the masters, is as far into the hurt biz as my spirit would ever want to go. I am not ashamed. Not of this, anyway....

brownsugar says:

[QUOTE=mortcola;36159]Seth Mitchell will not become a champion, or will not remain one for more than one fight. In all likelihood he will never win a title eliminator. If you can counter with straight hard punches and hit reasonably hard, you will probably knock him out. Look, I wish him well, I like his personality and spirit. But I believe championships and true admiration should be saved for those who master their craft and master their own personal bag of tools.

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A good read Mort and I totally agree..... After the fight. Areola was so drunk off the ecstasy of winning I think he was totally oblivious to the effect his post fight celebration had on Mitchell.

W

Chris immediately began charging around the ring shouting shouting "Easy Work, Easy Work".... at that moment Mitchell had a look of a wounded man who wanted to cry..... fight Chris again, or do both simultaneously.

But your right..... Boxing is a sport of self discovery on a level few other sports can attain to.

Mitchell is just now discovering things about himself he probably never knew. There is no shame in admitting those truths to himself and begin formulating a new game plan for his life.

Or he can stay in denial and get used as a stepping stone for new prospects.

Tough assignment foe Seth who entered the ring like a man walking into the gas chamber... but at least he walked his last green mile like a warrior.

Now Arreola has to face Wilder...a fight he doesn't want any part of.

I believe its a fight Areola can win. But I believe he has come to the realization that he doesn't want his nose broken in 4 places again and Wilder has more potential than anyone to inflict massive damage to Chris's prominent schnoz again.

GB knew what they where doing when they made the fight.

Time to lighten the load.

But Chris should really consider taken the fight...if the choice already hasn't been for him

Radam G says:

You were doing well for a minute, B-Sug! Areola kayos Wilder in two. I doubt that trainer Mark Breland let Wilder in the same zip code with the Cali Crusher. Holla!

amayseng says:

Areola vs Wilder is an intriguing scrap for sure...i am with R-G, money on chris, he has vast experience and is a tough SOB

amayseng says:

Mitchell cant take a punch and is not slick to slip and dip punches...

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he will forever be in trouble.....he doesn't have the offensive or defensive skills to overcome such an inadequate beard.

Carmine Cas says:

Like everyone said, no surprise here. And that is very unsportman like of Arreola. Seth Mitchell is too top heavy, his torso and leg movements aren't coordinated. I don't think he should. He needs to revamp his style

mortcola says:

Thanks, B-Sug - As far as Wilder goes, I don't know if he is much better. Long arms, KO power against trial horses. But does he have en "integrated" game? Can he keep it together when the other guy nails him over a long, sloppy jab, and makes him pay for wild right hands? I envision what Radam says - I have a vision of Wilder going down like a building collapsing after a clean right cross counter or long left hook, trying to get up but his legs flopping in three directions. A phenom with power like that is always at risk of not developing a well-rounded skill set, and that leaves him vulnerable to a real fighter, who may be physically inferior, but much more comfortable going to war and fighting through mistakes. Arreola might just be that guy.

brownsugar says:

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Yep... I believe Areola can win that one too. ...along with RG and Amayseng.....not too much difference in experience between Wilder and Mitchell except Wilder started earlier...fought better comp in the amateur ranks and had a bevy of bums to practice up on.

I just think its a bit ironic that Chris doesn't want the fight.

I'd like to see him in there with Wilder who only needs one clean shot... Wilder can never be completely discounted.

amayseng says:

Chris's behavior following the mitchell stoppage was def unsportsmanlike.

I am a fan of arreola's and i know hes an emotional and spontaneous dude but that was definitely poor behavior.

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it reminds me of broner dancing and thuggin around when an opponent was discombobulated and following on his face trying to get up...

wonder if a fighter later goes into a coma and passes, and there you are dancing away at the knockout while the guy is being counted out...

i know its an emotional sport with high intensity, but you have to show proper restraint...

karma is a bitch, dont put anything out there you dont want coming back on you